Y11 November Mock Preparation

Fitzharrys School

Name:

Form:

Access the online version of this booklet on the revision page of the school website. Go to **'Students'** on the main menu and then **'Revision'** then look under the heading of **'KS4 EXAM PREPARATION'.**

Alternatively, just scan the QR code to go straight to the Revision section of the website where you will find an online version of this booklet with clickable links and lots more!

Scan me!

Exam expectations

Equipment you will need

- Two black pens
- Highlighter
- Pencil
- Rubber
- Ruler
- Protractor
- Compass
- Scientific calculator

We do not insist on clear pencil cases or water bottles for mock exams, but you will need these for the GCSE exams.
Protractors and compasses can be hired for 50p each from student services at any time. **You will not be allowed to borrow equipment** for the exams. If there are any issues providing equipment, please contact tutors, who will be able to support.

Lessons during mock exam weeks

During mock exam weeks your lessons will be different as they will be disrupted by exams, and you may not have a full class of students.

You are required to have paper revision resources with you at all times during these weeks. You will not be allowed to use Edtech when in lessons.

Teachers will tell you if you are doing guided revision with them or revising independently.

Exam guidance

- Arrive on time
- Know your seat number
- No notes on your person
- No phones or watches
- Listen to the invigilators
- Silence as soon as you enter the exam hall until you leave it
- Face the front of the exam hall while seated
- Do not take exam materials with you

These are your contingency exams

Much like any performance, your exams need to be prepared for, and mocks are, undeniably, the best way for you to do that.
Not only is it great practice to sit down and take a timed paper, in exam conditions, but also, the process of preparing for mocks really allows students to get themselves into a focused and prepared mindset, which will help them a huge amount when it comes to taking the real thing.
Learning how to create and follow a structured revision plan are essential skills. Mock exams allow you to learn and prepare for your final GCSE exams. If the GCSEs do not go ahead in 2026 these results will be used to determine your grades.

Looking after yourself around exams

Techniques to help

Some techniques to help you if you are worried. You should practice these BEFORE you start worrying so that you are familiar with them and can use them in the moment

- Breathing: In & Out Breathing, Deep Breathing, Belly Breating, Visual Breathing, Colour Breathing, Square Breathing.
- Grounding techniques: 5-4-3-2-1, Mental Stimulation, Physical Grounding
- Positive Self-Talk
- Categorising your worries
- Interrogating your worries
- Please see the 'wellbeing' video on the Fitzharrys Revision page for instructions around the above techniques

Before exams

Some ideas of things to do before your exams to help manage any worries you are feeling

- Create a revision timetable
- SMART, targeted revision
- Schedule in easier activities and relaxation time
- Reduce cognitive load (how much you're having to think) by creating easy to use revision resources
- Practice self-care and calming techniques

During exams

Some ideas of things to help you cope *while* your exams are happening

- Eat a healthy, balanced diet. Do not restrict foods, but enjoy things in moderation. Drink plenty of water (not fizzy drinks!). Stay hydrated!
- Get enough sleep. Don't cram revision in the night before - make sure that you get a good sleep before the exams.
- Do a bit of exercise every day, ideally outside. Getting out in nature really helps you to relax, even if it's just a walk around the block.
- Connect with other people, but in moderation. Make sure you spend time with friends and family, but give yourself limits so that you don't get too distracted!
- Do something you enjoy!! Make sure you schedule in time for hobbies.
- Be prepared to be tired. You will be - exams are difficult and can be very tiring. Be kind to yourself and give your body the physical rest it needs.

Help!

Some places to go for help

- Your tutors, teachers and Head of Year, Deputy Head of Year and SWMs are all here to help you. Mrs Hale, the exams officer, can also help answer questions you have around exams.
- Talk to your parents and older siblings or family members who have been through this. They know what it's like and can help you!
- Talk to any trusted adults in your community, such as Youth Leaders, counsellor (if you have one), sports coach, etc
- If you feel you are in real trouble, speak to the school but also you can contact your GP or the School Health Nurse ChatHealth text line to help. This is 07312 263084
- Websites to help are here: youngminds.org.uk thecalmzone.net childline.org.uk here4you.co.uk/broadcast nhs.uk/every-mind-matters mind.org.uk/for-young-people/ annafreud.org/resources/children-and-young-peoples-wellbeing fitzharrys.oxon.sch.uk/students/revision/

General revision reminders

- Target your revision: identify your weaknesses and work on them. The exam planner you prepared should help you with this.

- Make sure to have some revision resources for the day's exams and the next day's exams so that you always have something you can do if given the opportunity to revise during the day.

- Vary your revision activities: exam questions, retrieval (Educake, Seneca, Flash cards), mind mapping; etc.

- Talk to your teachers if you need revision resources.

- Attend grade booster sessions in the different subjects offering them.

- Turn off distractions during your revision but take regular short breaks.

- Don't wait for the last minute to start your revision.

Subject revision advice from your teachers

Subject	What will be in the exam?	How can I revise?
Art	The mock exam will be a full assessment of the coursework portfolio: the Portfolio is worth 75% of your final coursework mark for the GCSE. This will include all work completed since the start of year 10 including the idea development work, we have been completed this term. We are working towards the production of outcomes during our **coursework exam days on the 26th and 27th of November**. This will mark the end point of the GCSE coursework portfolio which is worth 60% of the final GCSE grade. From January we will be working on the externally set assignment (exam) which is worth 40% of the final grade.	Make sure that you are keeping on top of your portfolio work, especially the idea exploration and development. The art rooms are open for GCSE students to complete work at lunchtime and by prior arrangement after school. Look back at old boards and ensure they are complete and make clear connections to your ideas.
Biology	The mock exam will be a Biology paper 1. This will include the topics of Cells, Organisation, Infection and Response and Bioenergetics. Topics 1 – 4 in the revision guide. You will need to have a calculator for this paper.	You should make use of • BBC Bitesize revision resources GCSE Biology (Single Science) - AQA - BBC Bitesize • Cognito videos The Cognito Platform • Educake quizzes • Past paper resources AQA | GCSE | Biology | Assessment resources
Business Studies	You will be sitting a paper 1 mock exam which will be 105 minutes long and will assess everything you have studied from the start of year 10. In Essence units 1.1 through to and including 1.5. As you are aware unit 1 is worth 50% of the whole qualification.	There are several ways I would like you to revise, please select the ones that suit your learning style the best. **Video** • **https://www.bbc.co.uk/bitesize/examspecs/z98snbk** • **https://erevision.uk/auth** • **https://www.youtube.com/@TwoTeachers** • **https://www.tutor2u.net/search?q=gcse** **Book / Reference revision**

		• Past exam papers (Edexcel website) • Calculation booklet • Pink books • Yellow vocabulary books • Year 10-Knowledge Organisers • Revision Resources
Chemistry	The mock exam will be a Chemistry paper 1. This will include the topics of Atomic structure, The periodic table, Structure and bonding, Chemical calculations, Chemical changes, Electrolysis and Energy changes. Topics 1 – 5 in the revision guide. You will need to have a calculator for this paper. The Periodic table will be provided for you.	You should make use of • BBC Bitesize revision resources GCSE Chemistry (Single Science) - AQA - BBC Bitesize • Cognito videos The Cognito Platform • Educake quizzes • Past paper resources AQA | GCSE | Chemistry | Assessment resources
Combined Science	For the mock exams you will sit three papers, one for each science. This will be a Biology paper 1, Chemistry paper 1 and a Physics paper 1. The topics for Biology will be Cells, Organisation, Disease and Bioenergetics, topics 1 – 4 in the revision guide. The topics for Chemistry will be Atomic structure, The periodic table, Structure and bonding, Chemical calculations, Chemical changes, Electrolysis and Energy changes. Topics 1 – 5 in the revision guide. The topics for Physics will be Energy, Electrical circuits, Particle model of matter and Atomic structure. Topics 1 – 4 in the revision guide. You will need to have a ruler and a calculator for these papers. The periodic table will be provided for you in Chemistry and the equation sheet will be provided for you in Physics.	You should make use of • BBC Bitesize revision resources GCSE Combined Science - AQA Trilogy - BBC Bitesize • Cognito videos The Cognito Platform • Educake quizzes • Past paper resources AQA | GCSE | Combined Science: Trilogy | Assessment resources

Computer Science	The mock exam will be for 90 mins and is a combination of Paper 1 (50%) and Paper 2 (50%). It will cover all topics stated on the curriculum map for computing (up to networks and programming components 2) This document can be found at https://abingdonlearning-my.sharepoint.com/:w:/g/personal/atwyford_fitzharrys_school/IQA_0Hs6mu9fSZNoPFYPZDjCAff3gsV1Z_TAyfQjs8jwnWc?e=a4gbAf&CID=5700d8bc-e469-62fa-f978-fab50602eab7	We are using the following for revision in class: CGP GCSE Computer Science Revision OCR GCSE Computer Science Complete Revision and Practice GCSE OCR Computer Science 10-minute tests Websites: OCR GCSE Topic List | CSNewbs Python | CSNewbs j277 Paper 1 revision - YouTube **Paper 1 topics** • Paper 1 topics playlist – 42 videos **Paper 2 topics** • Paper 2 topics playlist – 17 videos **Paper 1 and paper 2 overview** • paper1 overview (6 mins) • paper 2 overview (8 mins) **Exam Technique** • Exam Technique playlist – 4 videos **Possible Revision Resources** • GCSE Computer Science - OCR - BBC Bitesize • GCSE OCR J277 Computer Science Videos – Craig 'n' Dave | Students (craigndave.org) • GCSE topics — Isaac Computer Science • SENECA learning website
English	There will be two mocks: • English Language Paper 2 • English Literature: *Worlds and Lives poetry and unseen poetry*	Students will be given a yellow booklet with full details of what is in each paper and how to revise. This will also be available on the English Revision Website: https://sites.google.com/view/fitzharrys-english-revision/year-11-mock-revision?authuser=0

Food Preparation and Nutrition	This will be a full mock exam (1 hr 45 mins) comprising of all areas studied throughout the 2 years. This will be marked out of 100. Please ensure all equipment is with you for the exam: • normal writing equipment.	During class time you are working on NEA, you will therefore need to ensure you are revising fully as part of the homework's. Work will be set on SENECA for all aspects of the exam. This has been set on Epraise to remind you. You can access past papers from the AQA website. AQA | Food preparation and Nutrition | GCSE | GCSE Food preparation and nutrition Do not forget there are resources also available on: - Exam sections of the school website - Bitesize revision (ensure you choose Home Economics) GCSE Home Economics: Food and Nutrition (CCEA) - BBC Bitesize
French / Spanish	The mock exam will be 4 mocks – 25% each 1- Listening paper 2- Speaking paper 3- Reading paper 4- Writing paper	For revision, you have access to: 1. Resources given by your teachers (speaking / vocabulary booklets) 2. Seneca – Vocabulary and grammar specific to AQA 3. Kerboodle – Listening and reading exercises / vocabulary builders / Revision tips – videos for photocard and role plays 4. AQA website- past papers French: AQA | Resources | Past Papers & AQA Mark Schemes Spanish: AQA | Resources | Past Papers & AQA Mark Schemes
Geography	There will be **two** Geography mocks on the timetable (paper 1 and paper 3) **Paper 1 will cover the topics below**	- GCSE Geography bitesize (the physical environment and geographical skills sections) - The **Seneca** assignments set by your teacher

	Global Hazards • Changing Climate • Distinctive Landscapes • Sustaining Ecosystems • Fieldwork • Geographical Skills **Paper 3 will cover** Geographical Skills • Decision Making Exercise **Please see the OCR B Specification for more detail on what exactly you need to know.** OCR B Specification	- Use your notes in your exercise books (these are the most detailed) - Revision guides - Past paper practice (see link below) OCR Past Papers
History	Mrs Mongers class mock will be on **Weimar and Nazi Germany** Mr DS & Miss Wilkins class mock will be on **American West & Elizabeth**	Make use of Seneca Premium, you have access to the whole course, hyper learning, past questions, revision cards and night before revision. Also use your American West and Elizabeth books and revision books
Maths	You will take 3 full Maths GCSE exam papers that cover all the content taught since year 9 and some content from KS3. For some of you there will be questions on content which has not yet been covered, particularly if you are taking a higher tier paper. This is normal and will be accounted for in your predicted grade • Paper 1 – non calculator • Paper 2 – calculator • Paper 3 – calculator Please ensure you have your full exam pencil case for this exam including your calculator, protractor and compass.	• Your blue book revision guides you have been creating since the start of Y9 are a great place to start revising and revisiting what you have covered. • Now you have access to Sparx Maths, this link will provide you with "Revision Lists" for each tier as well as the crossover skills that appear in both. In Sparx you should click on "Independent Learning" and try the codes attached. Remember to write things down! • Corbett Maths 5 a day practice questions, these can be used to revise old content – remember to choose the right tier! • Use your Maths Memory booklets to test yourselves and follow up on topics that you have forgotten – these can also be found here on the Maths revision website. • If you find it useful for other subjects, SENECA learning is a great place to revise topics that you haven't

		covered for a while. Remember, the more you use SENECA the more it learns about you and can suggest SMART learning targets.
Performing Arts	Your mock exam in Performing Arts will be a "dry run" of **Component Three: Set Task Responding to a Brief.** This will take place immediately after you complete your Drama Logs for Component Two in the beginning of November and will finish before the Christmas holidays. You will receive feedback and suggestions for improvement on this Mock run of Component Three in preparation for the real exam window, which begins in January.	Use your class time efficiently to develop, rehearse and perform a workshop performance based on the exam brief set by Pearson. Make arrangements with your group members to rehearse your performance after school. This performance should last around six minutes and needs to communicate ideas and creative intentions to a specific target audience. Your group may be between three and seven performers. In addition to your workshop performance, you will also complete three pieces of Controlled Assessment detailing how you developed your initial ideas, the drama skills you used during your rehearsal process and your evaluation of the final workshop performance. You will be able to prepare notes in advance for these three pieces of Controlled Assessment.
PE	Paper 2 - **Socio-cultural influences and well-being in physical activity and sport** • Sports psychology • Socio-cultural influences • Health, fitness and well-being	To revise for this mock exam, you can (and should): • Complete practice exam questions and past exam papers. • Make or use revision cards. • Complete tasks on Seneca. • BBC Bitesize - GCSE Physical Education - AQA - BBC Bitesize • Refer to your revision guide. • Use "Essential" knowledge organisers

Physics	The mock exam will be a Physics paper 1. This will include the topics of Energy, Electrical circuits, Particle model of matter and Atomic structure. Topics 1 – 4 in the revision guide. You will need to have a ruler and a calculator for this paper. The equation sheet will be provided for you.	You should make use of • BBC Bitesize revision resources GCSE Physics (Single Science) - AQA - BBC Bitesize • Cognito videos The Cognito Platform • Educake quizzes • Past paper resources AQA | GCSE | Physics | Assessment resources
Technology	There will be a full mock exam paper (105 minutes) comprising of all areas studied throughout the 2 years. This will be marked out of 100. Please ensure all equipment is with you for the exam: • normal writing and drawing instruments • a calculator • a protractor	During class time you are working on NEA, you will therefore need to ensure you are revising fully as part of your homework. This has been set on SENECA for all aspects of the exam. Plus, you have access to the (Homework revision question book) and revision guide. This has been set on EPraise to remind you. You can access past papers and the specification from the AQA website, to see all the topic potentially covered and how the exam paper will be structured AQA | GCSE | Design and Technology | Assessment resources Do not forget there are resources also available on: - Learning resources KS4 product design - Exam sections of the school website Bitesize revision (ensure you choose AQA) GCSE Design and Technology - AQA - BBC Bitesize
Sociology	The mock exam will be on **Family & Education** and will be 1 hour and 45 minutes long	Make use of Seneca Premium, you have access to the whole course, hyper learning, past questions, revision cards and night before revision. Also use your Family & Education book and your sociology revision book

Statistics	You will take one paper which will be 90 minutes long. It will cover all content taught so far in your GCSE Statistics classes. There may be some content on the Higher Paper that has not been covered yet, and this will be accounted for in your predicted grade. You will need your pencil case and a calculator.	Use your red revision guides to go over the topics we have covered. Mrs Payne will give you a list of Sparx topics in class that you can use for Independent Learning.

There will be no mock exam for Music BTech in November as you are still completing coursework for your component 2. You will have a mock exam in January once your component 2 is finished. Further details about timings will following term 3. When it comes revision for the music mock exam follow the guidance below.

Music	The mock exam will be a condensed form of the actual exam. The actual exam for Music Practice consists of 2x written exams (totalling 3 hours) and 18 hours of preparation, rehearsing/ music production, and performance/ finishing productions. This will include a day off timetable. In the exam they will be creating a performance or production of an existing piece of music and changing the genre. The mock exam will consist of a condensed form of the above that will take place during lesson times. The mock exam will be taking place after the Christmas break due to coursework deadlines. Marks given for reports will be based on their current coursework.	For pupils taking the performance route: Practice their instrument(s). Pupils can book rehearsal rooms at lunchtimes, priority booking for Key Stage 4 (years 10 and 11) is on Tuesdays, Wednesdays and Fridays. Pupils can also stay behind after school on Tuesdays to practice and rehearse. For pupils taking the production route: Continue with any existing projects using Soundtrap. Alternatively, pupils may create a production of a piece of their own choosing. Pupils can book music tech during lunchtimes, priority booking for Key Stage 4 (years 10 and 11) is on Tuesdays, Wednesdays and Fridays. The studio is only for Key Stage 4 and 5. Pupils can also stay behind after school on Tuesdays to record and produce