

THE DINER @ FITZHARRYS

WEEK 1	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Cheese, Tomato and Basil Pasta Bake with Garlic Bread and Side Salad	Butchers Sausage's with Garlic and Herb Potato Wedges	Roast Chicken with Yorkshire Pudding, Roast Potato's and Vegetables	Battered Chicken bites served with a Sweet n Sour Sauce & Rice	Crispy Battered Fish or Chicken Strips With Chips
VEGETARIAN DISH	Margarita Pizza with Herby Potato Wedges and Side Salad	Vegan Sausage's with Garlic and Herb Potato Wedges	Roasted Quorn Fillet with Yorkshire Pudding, Roast Potato's and Vegetables	Vegan Bites served with a Sweet n Sour Sauce and Rice	Vegan Nuggets And chips

Grab and Go Menu

Cheese & Crackers £1.20

Custard Pot £1.20

Sandwiches £1.60

Pasta Pot £2

Fruit Pot £1.50

Granola & Fruit £1.50

Salad Pot £2.80

Chicken Pot £2

Jelly Pot £1

Baguettes £2.80

Houmous and Veg £1.50

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WEEK 2	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Chunky Vegetable Pasta Bake and Garlic Bread	Crispy Chicken Burger served with Wedges and Side Salad	Roast Chicken with Yorkshire Pudding, Roast Potato's and Vegetables	Mild Chilli with Nachos with an Option of Cheese	Southern fried Chicken and Chips Fish and Chips
VEGETARIAN DISH	Vegetable Curry & Steamed Rice Naan Bread	Vegetable Burger served with Wedges and Side Salad	Roasted Quorn Fillet with Yorkshire Pudding, Roast Potato's and Vegetables	Nachos with Hidden Vegetable sauce with an option of Cheese	Vegan Nuggets and Chips

Grab and Go Menu

Cheese & Crackers £1.20

Fruit Pot £1.50

Jelly Pot £1

Custard Pot £1.20

Granola & Fruit £1.50

Baguettes £2.80

Sandwiches £1.60

Salad Pot £2.80

Houmous and Veg £1.50

Pasta Pot £2

Chicken Pot £2

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WEEK 3	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Cherry Tomato and Pesto Pizza with Potato Wedges and Side Salad	Tandoori Chicken Curry with Rice and Naan Bread	Roast Chicken with Yorkshire Pudding, Roast Potato's and Vegetables	Minced Beef Lasagne served with Garlic Bread and Side Salad	Chicken Pieces and Chips
VEGETARIAN DISH	Cheese & Tomato Pasta Bake with Garlic Bread	Sweet Potato and Pepper Korma with Rice and Naan Bread	Roasted Quorn Fillet with Yorkshire Pudding, Roast Potato's and Vegetables	Vegetable Lasagne served with Garlic Bread and Side Salad	Vegan Veggie Fingers and Chips

Grab and Go Menu

Cheese & Crackers £1.20

Custard Pot £1.20

Sandwiches £1.60

Pasta Pot £2

Fruit Pot £1.50

Granola & Fruit £1.50

Salad Pot £2.80

Chicken Pot £2

Jelly Pot £1

Baguettes £2.80

Houmous and Veg £1.50